

SUBHARTI  
**Nabzz**



Voices  
**THAT SHAPE  
MINDS & LIVES**



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# Amrit Mahotsav of Dr. Hariom Panwar Ji





# Dance Like a Man ✨



★ The longest running play in the world at Subharti University, Satyajit Ray Auditorium

Motivational Session with  
**Mr. Ashu Ghai**  
(Science and Fun)





# Kudos!

Awards, Patents & Recognitions  
Papers/Articles Published



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**Mr. Prem Kumar, Dr. Sartaj Ahmad, Dr. Anuradha Davey, Mrs. Komal Saxena** have published research article in International Journal of Community Medicine and Public Health. Title: "Prevalence and predictors of anaemia in Pregnancy: the role of birth spacing, educational status and awareness levels in Meerut city, 2026 Jan;13(3) page.no.1294-1302 DOI:18203/394-6040.ijcmph.20260683

**Mr. Prem Kumar, Dr. Sartaj Ahmad, Dr. Anuradha Davey, Mrs. Komal Saxena** has published research article in International Journal of Community Medicine and Public Health. Title: "An investigation into the frequency of aneamia and the relationship between pregnant women's educational attainment and aneamia in Meerut city , 2026 Jan ;13(1) page.no.275-281 DOI:18203/2394-6040.ijcmph.20254437

**Dr. Rijul Ranjan and Dr. Sartaj Ahmad** has published a Textbook titled "Social Medicine and Sociology" by AITBS publishers New Delhi, India: First edition 2026, ISBN number 978-81-988939-9-4

**Dr. Rijul Ranjan and Dr. Sartaj Ahmad** has published a Textbook titled " Communicable and Non-Communicable Disease" by AITBS publishers New Delhi, India: First edition 2026, ISBN number 978-81-999205-4-5

**Dr. Himanshu Agarwal**, Assistant Professor in the Department of Electronics and Communication at Subharti Institute of Technology and Engineering have published a patent titled " Method and system for autonomous topology mutation and real-time self-healing in power electronic circuits ". The patent application, number 202611018577

## Design Registration of "Morphological Device For Fish Measurements"

Congratulations to Prof. (Dr.) Shalya Raj and Dr. Nisha Rana on the Design Registration of "Morphological Device For Fish Measurements" (Design No. 413685-001) in their names.

[Read More](#) →



## Design Registration of "Trap For Fish Collection"

Congratulations to Dr. Nisha Rana on the Design Registration of "Trap For Fish Collection" (Design No. 481348-001) in the name of Swami Vivekanand Subharti University.

[Read More](#) →

## Design Registration of "Aquarium with Drainage System for Reducing Wasting of Water"

Congratulations to Prof. (Dr.) Shalya Raj and Dr. Nisha Rana on the Design Registration of "Aquarium with Drainage System for Reducing Wasting of Water" (Design No. 423478-001).

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## Dr. Pintu Mishra honored with the Crystal Award 2026

Dr. Pintu Mishra was honored with the Crystal Award 2026 by Terence Lewis.

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## Dr. Neha Singh Honoured with Crystal Award 20

Dr. Neha Singh, Head of the Department of Fashion and Textile Design at Swami Vivekanand Subharti University, Meerut,

[Read More](#) →



## Mr. Unnat Veer Won Gold Medal at the India Skate Games 2026

Mr. Unnat Veer, a B.P.Ed. a 2nd semester student of the Department of Physical Education, brought pride to his institution by winning a Gold Medal at the India Skate Games 2026.

[Read More](#) →

## Copyright to Swami Vivekanand Research Chair

It is a matter of immense pride, honour, and inspiration for the Swami Vivekanand Research Chair, dedicated to knowledge, research, Indian culture, and moral values, at Swami Vivekanand Subharti University, Meerut.

[Read More](#) →



# Congratulations!

A warm welcome to

## Maj Gen (Dr.) G.K. Thapliyal,

SM on assuming the esteemed role of **Pro Chancellor**.

We look forward to his visionary leadership, rich experience, and invaluable guidance in strengthening the institution's future.



# DR. AKASH RAJ SHARMA,

Faculty of Dental Sciences,  
on the successful grant of his Patent and  
receipt of the Patent

**Incentive of ₹50,000/-** from  
**Hon'ble Vice Chancellor and the University**  
management on the occasion of

**Word Environment day 2026.**



*Happy  
Birthday*

Warmest birthday wishes to  
our respected CEO Ma'am

## Prof. Dr. Shalya Raj

Your wisdom, kindness, and vision  
motivate us every day.

May the year ahead bring you joy,  
good health, and continued success.



# PROF. AMIT KUMAR PUNIYA,

Faculty of Pharmacy,

was felicitated by the management in recognition of his dedicated and  
impactful contributions to **National Service Scheme (NSS)**.



# ऊर्जा की बचत - हमारी नैतिक जिम्मेदारी



बढ़ते तापमान और बिजली की भारी मांग के बीच, ऊर्जा की बचत केवल आपके बिजली का बिल कम करने का साधन नहीं, बल्कि हमारी एक महत्वपूर्ण नैतिक जिम्मेदारी भी है।

अत्यधिक बिजली की खपत से कोयले और जीवाश्म ईंधन (fossil fuels) का उपयोग बढ़ता है, जिससे पर्यावरण और जलवायु परिवर्तन पर घातक प्रभाव पड़ता है। हमारी छोटी-छोटी आदतें, बिजली का बिल कम करने में और, हमारे प्राकृतिक संसाधनों को बचाने में बड़ा योगदान दे सकती हैं।

## बिजली बचाने के लिए आप इन व्यावहारिक और प्रभावी तरीकों को अपने घर और ऑफिस में अपनी दिनचर्या में शामिल कर सकते हैं:

### अनावश्यक लाइट-पंखे बंद रखना:

काम न होने पर और कमरे से बाहर जाते वक़्त लाइट और पंखे बंद करना न भूलें।



### एसी (AC) का सही इस्तेमाल:

अपने एयर कंडीशनर का तापमान 24°C पर सेट करें। ब्यूरो ऑफ एनर्जी एफिशिएंसी (BEE) के अनुसार, हर 01°C की बढ़ोतरी से लगभग 06% बिजली की बचत होती है।



### एलईडी (LED) का प्रयोग:

अपने घर के सभी पुराने बल्बों को ऊर्जा-बचत करने वाले LED Bulbs से बदलें।



### फैन और प्राकृतिक हवा का उपयोग:

सीलिंग फैन का उपयोग करें, और यदि संभव हो तो सुबह-शाम खिड़कियां खुली रखकर प्राकृतिक हवा का आनंद लें।



### स्मार्ट प्लग्स और पावर स्ट्रिप्स:

इलेक्ट्रॉनिक उपकरणों (जैसे टीवी, कंप्यूटर, और माइक्रोवेव) को स्टैंडबाय मोड पर न छोड़ें क्योंकि वे तब भी बिजली की खपत करते हैं। Energy Saver उपकरणों का ही उपयोग करें।



### नेचुरल लाइट का इस्तेमाल:

दिन के समय पर्दों को हटाकर प्राकृतिक रोशनी का अधिकतम उपयोग करें और कृत्रिम लाइटों को बंद रखें।



आइए, एक जिम्मेदार कर्मचारी और नागरिक बनें और ऊर्जा की बचत कर के पर्यावरण को सुरक्षित रखने में अपना योगदान दें। हमारी हर यूनिट की बचत, एक सुरक्षित कल की ओर कदम है।

Mr. Ajaya Kaushik

OS, Subharti Medical College

# NEWSFLASH

KNOW WHAT'S HAPPENING ON THE CAMPUS!



## Alumni lecture on “Beyond the Library Walls: Opportunities for LIS Professionals”

The Department of Library and Information Science, Swami Vivekanand Subharti University, Meerut organized an alumni lecture on the theme “Beyond the Library Walls: Opportunities for LIS Professionals” On 02.05.2026.

[Click to read full news](#)



## Prof. (Dr.) Monika Mehrotra awarded for Outstanding Contributions in Education, Research & Social Service

Renowned academician and social worker Prof. (Dr.) Monika Mehrotra of Swami Vivekanand Subharti University, Meerut.

[Click to read full news](#)



## Expert Talk on “Career Guidance Opportunities in the Field of Sports Sciences”

The Department of Physical Education, Faculty of Education, Swami Vivekanand Subharti University.

[Click to read full news](#)



## Alumni Meet 2026: Department of Languages

The Department of Languages, Faculty of Arts & Social Sciences (FASS) at Swami Vivekanand Subharti University.

[Click to read full news](#)

## Legal Literacy & Awareness Session

Sardar Patel Subharti Institute of Law organized a comprehensive Legal Literacy and Awareness Session at Seth B.K. Maheshwari Girls Inter College on 29 April 2026, aimed at strengthening students' understanding of their fundamental rights, key constitutional provisions, and the importance of responsible citizenship.

[Click to read full news](#)



# VAC on “Setting up a private/ corporate dental practice”

Value Added Course



A 4-day Value Added Course was organized on “Setting up a private/ corporate dental practice” for undergraduate students from 05<sup>th</sup> May to 08<sup>th</sup> May 2026 by Dept. of Oral and Maxillofacial Pathology & Oral Microbiology. More than 150 participants attended the course.

[Click to read full news](#)



# Guest Lecture on “Physiological Basis of Training Load, Fatigue & Recovery”

The Department of Physical Education, Faculty of Education, Swami Vivekanand Subharti University successfully organized a Guest Lecture on “Physiological Basis of Training Load, Fatigue & Recovery” on 14 May 2026 at the Seminar Hall, Faculty of Education.

The programme was conducted with the objective of enhancing students’ understanding regarding scientific sports training, physiological adaptations, fatigue management, and recovery mechanisms essential for athletic performance and sports conditioning.

[Click to read full news](#)

# Physiotherapy Camp At Sardar Vallabhbhai Patel University



The Department of Musculoskeletal Physiotherapy, Jyotirao Phule Subharti College of Physiotherapy (JPSCP), Swami Vivekanand Subharti University (SVSU), Meerut, successfully organized a “Physiotherapy Camp and Awareness Program” at Sardar Vallabhbhai Patel University, Modipuram, Meerut on 8th May 2026 from 9:00 AM to 1:00 PM under the initiative of Institutional Social Responsibility (ISR).

[Click to read full news](#)

# Alumni Contribution and Interactive Session



The Rahul Sankrityayan Subharti School of Linguistics and Foreign Languages, Faculty of Arts and Social Sciences, Swami Vivekanand Subharti University, organized a meaningful Alumni Meet on April 26, 2026. The event served as a bridge between the past and the present.

[Click to read full news](#)

# Farewell Party 2026



## Nandlal Bose Subharti College of Fine Arts & Fashion Design celebrated its Farewell Party 2026 with great enthusiasm, honoring graduating students in a vibrant ceremony.

The event kicked off with the traditional lighting of lamps, graced by distinguished dignitaries including Prof. Dr. Pintu Mishra (Dean, Faculty of Fine Arts), Prof. Dr. Bhavna Grover (HOD, Performing Arts), Dr. Neha Singh (HOD, Fashion Design), Dr. Vidhi Khandelwal (HOD, Animation), and Mr. Lucky Tyagi (Assistant Professor, Fine Arts Dept.), Ms. Anisha Anand (Assistant Professor, Fashion Dept.).

Special thanks to Mr. Lucky Tyagi for organizing the event and Yeesha Rao for outstanding anchoring.

[Click to read full news](#)

## INTERNATIONAL MIDWIFERY DAY CELEBRATION



International Midwifery Day was celebrated on 5th & 6th May 2026 on the theme "One Million More Midwives" in collaboration with Society of Midwives India (SOMI), Uttar Pradesh Chapter.

The programme was conducted with great enthusiasm and active participation of ANM students, staff nurses, health workers, and faculty members.

[Click to read full news](#)

# “Self- Awareness and Emotional Intelligence for Personal & Professional Growth”



The Department of Physical Education, Faculty of Education, Swami Vivekanand Subharti University organized a Guest Lecture on “Self-Awareness and Emotional Intelligence for Personal & Professional Growth” on 12 May 2026 at the Seminar Hall, Faculty of Education.

The programme was conducted to promote emotional well-being, personality development, leadership qualities, and professional competencies among students.

[Click to read full news](#)

## Techniques for Self-Defence, Curtailing Injuries in Sports”



The Department of Physical Education, Faculty of Education, Swami Vivekanand Subharti University, Meerut organized a Guest Lecture on “Judo Techniques for Self-Defence and Curtailing Injuries in Sports” on 09 May 2026 at the Seminar Hall, Faculty of Education.

[Click to read full news](#)



## Celebration of World Hand Hygiene Day 2026

World Hand Hygiene Day 2026 was celebrated on 6th May 2026 at the hospital with great enthusiasm and active participation. The event featured an interactive training session in which 50 staff members from nursing and housekeeping departments.

[Click to read full news](#)



## Guest Lecture on “Career Transition after Track & Field”

It was conducted on 5 May 2026. The session was organized between the tieup of Maharishi Aurobindo Subharti College And Hospital Of Naturopathy And Yogic Sciences and Betiya Foundation , Meerut.

[Click to read full news](#)



## HEALTH TALK & CAREER COUNSELLING WITH BETIYA FOUNDATION

A health talk and career counselling session with Betiya Foundation was successfully executed at Swami Vivekanand Public School, Satwai, Meerut.

[Click to read full news](#)



## “Intellectual Property Rights and A.I. Learning”



The Department of Physical Education, Faculty of Education, Swami Vivekanand Subharti University successfully organized an Expert Lecture on “Intellectual Property Rights and A.I. Learning” on 13 May 2026 at the Seminar Hall, Faculty of Education.



The programme was conducted with the objective of creating awareness among students regarding intellectual property rights, innovation, research ethics.

[Click to read full news](#)

## Shaping the Future of Physical Education: Trends, Challenges, & Opportunities



The Department of Physical Education, Faculty of Education, Swami Vivekanand Subharti University organized a Symposium on "Shaping the Future of Physical Education: Trends, Challenges, and Opportunities" on 12 May 2026 at the Seminar Hall, Faculty of Education.

[Click to read full news](#)

## Entrepreneurship and Career Compass: An Awareness Session



The Department of Education, Faculty of Education, Swami Vivekanand Subharti University, in collaboration with the University Entrepreneurship Development Cell (EDC Cell) and University Career Counselling Cell.

[Click to read full news](#)

## Educational Tour to Ojas Gyan Kendra, Meerut



A 4-day Value Added Course was organized on "Setting up a private/ corporate dental practice" for undergraduate students from 05<sup>th</sup> May to 08<sup>th</sup> May 2026 by Dept. of Oral and Maxillofacial Pathology & Oral Microbiology. More than 150 participants attended the course.

[Click to read full news](#)



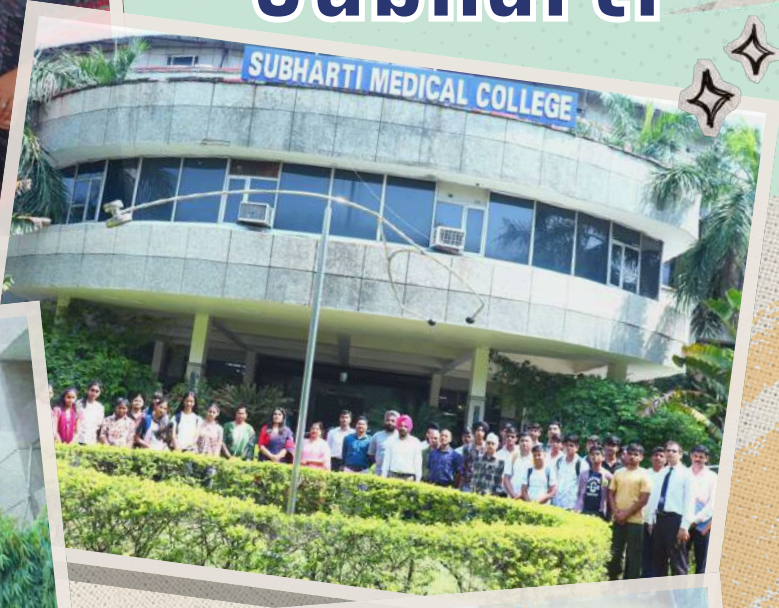
## Hands-on Skill Workshop

Panna Dhai Maa Subharti Nursing College, in collaboration with Vidyanta Skill Pvt. Ltd., successfully organised a two-days Hands-on Skill Workshop on 13<sup>th</sup> and 14<sup>th</sup> May 2026 at the Rani Laxmibai Auditorium with the objective of enhancing professional skills and strengthening clinical competencies among nursing students and faculty members.

The programme commenced with a warm welcome to all the respected dignitaries, Guest of Honor Brig. Dr. Amita Devrani, Retired Principal from AFMC Pune, faculty members, trainers, and students present on the occasion.

[Click to read full news](#)

# ARMY School *Visit to* Subharti



## Commemoration of Punyatithi of Bal Krishan Hari Chapekar



On the occasion of the Punyatithi of Bal Krishan Hari Chapekar, Jyotirao Phule Subharti College of Physiotherapy organized a commemorative programme to pay tribute to the great freedom fighter and to remember his invaluable contribution to India's struggle for independence.

[Click to read full news](#)

## Workshop on “Stress Management and Maitri Sambodh Dhyam”



Maharishi Aurobindo Subharti College and Hospital of Naturopathy & Yogic Sciences (MASCHNYS), under Swami Vivekanand Subharti University, Meerut, organized a workshop on “Stress Management and Maitri Sambodh Dhyam” on 04th May 2026 at the Rani Laxmi Bai Auditorium.

The workshop was organized with the objective of creating awareness about stress management through meditation and yogic practices, while promoting mental well-being, mindfulness, and emotional balance among participants.

[Click to read full news](#)

## Guest Lecture on “Micro Teaching”



The Department of Physical Education, Faculty of Education, Swami Vivekanand Subharti University successfully organized a Guest Lecture on “Micro Teaching” on 13 May 2026 at the Seminar Hall, Faculty of Education.

[Click to read full news](#)

## Visit to Trained Nurses Association of India office



Panna Dhai Maa Subharti Nursing College successfully organized an educational visit to the Trained Nurses' Association of India offices at Delhi and Noida for B.Sc. Nursing 6th semester students. More than 50 students participated in the visit along with faculty members Mrs. Priya Bhardwaj, Nursing Tutor, and Mr. Naseem, Nursing Tutor.

[Click to read full news](#)

# Visit To Ojas Gyan Kendra



Maharishi Aurobindo Subharti College and Hospital of Naturopathy & Yogic Sciences (MASCHNYS), Swami Vivekanand Subharti University, Meerut, successfully organized an educational and insightful visit to Ojas Gyan Kendra, located across LLRM Medical College, Jagriti Vihar, Meerut.

The visit was conducted on 15th May 2026 from 09:00 AM to 03:00 PM with the objective of providing students an enriching learning experience focused on education, spirituality, holistic health, and personal development.

[Click to read full news](#)



# Pilot Study Presentation under Journal Club



A Pilot Study Presentation was conducted under the Journal Club activity at Panna Dhai Maa Subharti Nursing College on 12th and 13th May 2026 from 11:00 AM to 1:00 PM on the great occasion of International Nurses Day.

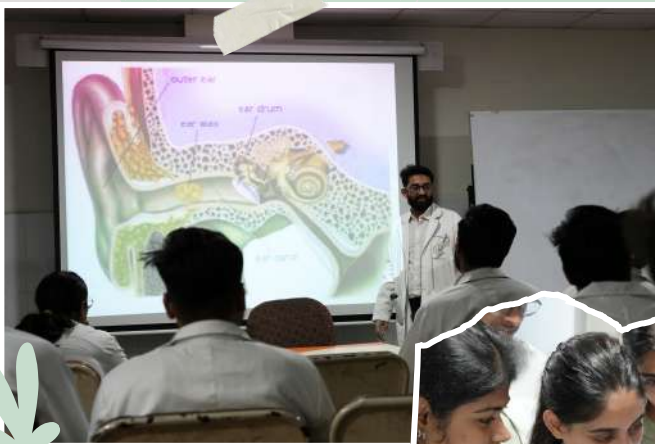
The programme was organized for MSc Nursing 2nd Year students and NPCC 2nd Year students to present their pilot study research work.

[Click to read full news](#)

# International Nurses Week



# ENT WORKSHOP



# Expert Talk on “Women Empowerment: Empowered Women Empower the World”



The Women Empowerment Committee, Swami Vivekanand Subharti University, in association with the Department of Physical Education, Faculty of Education, successfully organized an Expert Talk on “Women Empowerment: Empowered Women Empower the World” on 15 May 2026 at the Seminar Hall, Faculty of Education.

The programme was conducted with the objective of creating awareness regarding women empowerment, gender equality, leadership development, and the role of women in shaping a progressive and empowered society.

[Click to read full news](#)

## Modern Training Methods in Track and Field from Grassroots to Elite Level



The Department of Physical Education, Faculty of Education, Swami Vivekanand Subharti University organized a Guest Lecture on “Modern Training Methods in Track and Field from Grassroots to Elite Level” on 12 May 2026 at the Seminar Hall, Faculty of Education. The programme was organized with the objective of enhancing students’ understanding regarding scientific and contemporary training approaches used in athletics and sports performance development at different levels of participation.

The session commenced with a warm welcome by Dr. Manju Adhikari, Associate Professor and Head, Department of Physical Education, who felicitated the distinguished Resource Person, Dr. Vivekanad Dey, by presenting a ceremonial shawl (Padtka) and a sapling as a token of respect and gratitude.

[Click to read full news](#)

# Anatomical Rangoli Competition



The Department of Anatomy, Subharti Medical College, Meerut (U.P.), successfully organized an Anatomical Rangoli Competition on Tuesday, 19th May 2026, for the students of the MBBS 2025 batch.

The event was conducted in the dissection hall with the enthusiastic participation of students and faculty members, transforming the learning environment into a vibrant blend of creativity, art, and applied anatomical knowledge.

[Click to read full news](#)

# Neonatal Resuscitation Program

One Day • One Mission • One Nation



In observance of National NRP Day on May 10, 2026, the Department of Pediatrics and Department of Obstetrics & Gynaecology at Chhatrapati Shivaji Subharti hospital Meerut successfully organized a comprehensive hands-on workshop.

[Click to read full news](#)

## Guest Lecture on “Physical Literacy and Life Long Fitness”

The Department of Physical Education, Faculty of Education, Swami Vivekanand Subharti University successfully organized a Guest Lecture on “Physical Literacy and Life Long Fitness” on 13 May 2026 at the Seminar Hall, Faculty of Education.

[Click to read full news](#)



## Visit to the Central Library of Jawaharlal Nehru University (JNU)



The Department of Library and Information Science, Swami Vivekanand Subharti University, Meerut, organised a productive and enriching academic study tour to the Central Library of Jawaharlal Nehru University (JNU), New Delhi, on 20.05.2026, for students of the B.Lib and M.Lib programmes. The primary objective of bridging the gap between theoretical knowledge and professional library practice.

Upon arrival at JNU, the students were warmly received and the tour was facilitated by Assistant Librarian Mr. Veereshwar, whose expertise and enthusiasm made the experience both informative and engaging. Deputy Librarian Dr. Manorama Tripathi extended invaluable support throughout the visit, offering students comprehensive insights into library management systems.

[Click to read full news](#)

# FDP on NEP 2020

by  
Human Resource Development Cell



## MOU with MIDAS EDUCATIONAL SERVICES HYDERABAD





# SEMINAR ON “MASTERING RESEARCH PAPER WRITING SKILLS”



Maharishi Aurobindo Subharti College & Hospital of Naturopathy and Yogic Sciences, Swami Vivekanand Subharti University, Meerut, successfully organized a seminar on “Mastering Research Paper Writing Skills” on 21st May 2026. The session was conducted by the esteemed resource person, Dr. Bhavit Bansal, Senior Research Fellow, CCRYN, who shared valuable insights on scientific writing, research methodology, and publication practices.



Maharishi Aurobindo Subharti College & Hospital of Naturopathy and Yogic Sciences, Swami Vivekanand Subharti University, Meerut, successfully organized a seminar on “Mastering Research Paper Writing Skills” on 21st May 2026.

[Click to read full news](#)

## Legal Literacy & Awareness Session at R.N. International Public School



The Sardar Patel Subharti Institute of Law successfully conducted a Legal and Literacy Awareness Session on 04th May 2026 at R.N. International Public School, aimed at enhancing students’ understanding of essential legal principles and promoting responsible citizenship.

[Click to read full news](#)

## Farewell Ceremony 2026: Department of Languages



The Department of Languages, Faculty of Arts and Social Sciences, organised a grand farewell ceremony प्रस्थान for the outgoing M.A. students on 22 May 2026 at Pt. Ravi Shankar Hall, Fine Arts College.

[Click to read full news](#)

## SALS -“Artificial Intelligence: Its Role in Dentistry & Periodontics.”

The Department of Periodontology & Implantology, Subharti Dental College & Hospital, successfully organized an enlightening academic session under the banner of SALS – Subharti Alumni Lecture Series on the topic “Artificial Intelligence: Its Role in Dentistry & Periodontics.” The lecture was delivered by Dr. Shobhana Mishra, who shared her valuable knowledge and expertise regarding the rapidly growing influence of Artificial Intelligence (AI) in the field of dental sciences.

[Click to read full news](#)



## 05 Days Faculty Development Program on NEP 2020



The Human Resource Development Centre (HRDC) at Swami Vivekanand Subharti University (SVSU), Meerut, successfully organized a comprehensive 5-Day Faculty Development Programme (FDP) on the National Education Policy (NEP) 2020. The academic initiative was conducted from 18th May to 22nd May 2026 at the Madan Mohan Malviya Auditorium (MMM), Subharti Institute of Technology and Engineering (SITE).

The primary objective of this FDP was to equip faculty members with profound theoretical understanding and practical insights required to seamlessly implement the mandates of NEP 2020. The program extensively focused on structural curriculum design, innovative teaching-learning methodologies, research ethics, interdisciplinary pedagogies, and holistic institutional development frameworks.

[Click to read full news](#)



## INTERNATIONAL CONFERENCE On

**Pharmaceutical Sciences:** Integrating Research, Innovation, Industry, and Clinical Practice for Sustainable Healthcare Solutions



## अनछुआ मन

तन को तो पाया कितनी बार मगर  
कभी मन को उसने छुआ नहीं,  
परतें वसनों की खुलीं मगर  
अंतस का बंधन खुला नहीं.  
जितने ज़ख्म लगे तन पर  
उससे ज्यादा मन पर थे,  
आंखों के आंसू देख लिए पर  
उनमें बहता दर्द ही उसको दिखा नहीं.  
क्या दो देहों का मिलना ही  
शादी की परिभाषा है,  
साथ में रहकर बरसों तक भी  
कभी जो मेरा हुआ नहीं.  
ये बात "गीत" नहीं वो समझेगा  
उसका अपनापन यह कैसा है,  
मेरे सपनों के मरने का जो  
आभास भी उसको हुआ नहीं.

गीता चौधरी ("गीत")



# The Importance of Regular Health Check-ups



Jyotirao Phule Subharti College of Physiotherapy successfully organized a talk on "The Importance of Regular Health Check-ups" on 22 May 2026. The session witnessed enthusiastic participation from both teaching and non-teaching staff members, who voluntarily took part in the awareness program.

The program was organized under the guidance of Officiating Principal, Prof. (Dr) Amit Kumar Goel, along with Dr. Mukesh Rahula, Head of University Environment Committee. The informative talk was delivered by Dr. Sanchit Pradhan, who shared valuable insights regarding the importance of regular health check-ups, preventive healthcare, and healthy lifestyle practices.

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## Naturopathy and Yoga Health Camp

Maharishi Aurobindo Subharti College and Hospital of Naturopathy & Yogic Sciences (MASCHNYS), under Swami Vivekanand Subharti University, Meerut, successfully organized a Naturopathy and Yoga Health Camp on 24th May 2026 at Society Club Panchavati Enclave.



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# Climate Change: Nature's Warning against Human Greed



The Department of Journalism and Mass Communication, in collaboration with the Department of Home Science and in association with the University Environment Committee, Swami Vivekanand Subharti University, Meerut, organized a Panel Discussion on the theme "Climate Change: Nature's Warning Against Human Greed" on 29 May 2026.

The programme commenced with the ceremonial presentation of a sapling to the distinguished guest, symbolizing the commitment to environmental conservation and sustainable living.

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## Awareness Program on Climate Change



Meerut: Swami Vivekanand Subharti University's Ganesh Shankar Vidyarthi Subharti Department of Journalism and Mass Communication, in collaboration with Azad Hind Radio 90.0 FM, organized an awareness program on climate change at Sarita Public School, Puttha, Meerut.

The program was conducted as part of participation-based activities through community radio to spread awareness about climate change and its impact on society.

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# Alumni Speak Session at Panna Dhai Maa Subharti Nursing College

Panna Dhai Maa Subharti Nursing College successfully organized an Alumni Speak Session, followed by a Podcast Recording and an Interactive Session with nursing students on 29 May 2026 under the guidance of Dr. Geeta Parwanda Principal Panna Dhai Maa Subharti Nursing College.


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# MOU with U.P. Sangeet Natak Academy



# WEST OF YOUR HORIZON



I made a pact with the silence in my room: No more flinching at the starting line. No more letting the 'what-ifs' swallow my resolve. I am pushing this boat into the dark, heavy water, and if I drown, at least I was rowing.

I am done translating my pain into a language you can digest. If it cut me, it cut me. Walking away from a table where respect isn't served is not a betrayal—it's survival. If the quiet that follows feels like breathing room, I refuse to apologize for saving myself.

Look at us. We are ghosts wearing the skin of people who used to be in love. Your arms still look the same, but they no longer know how to shield me from the storm. The chaotic, beautiful mess we made of each other has cleared.

Everything has shifted. We are strangers with shared memories.

You are chasing the sunset in the west, and I am walking toward the morning in the east. Our paths didn't just bend; they broke apart. But if you ever shout my name across the distance, I'll still turn around to face you. Even to a stranger, this stubborn chest will still remember the rhythm.

**Dr. Himanshu Agarwal**

Assistant Professor

Subharti Institute of Technology & Engineering

From rigorous hands-on training to an incredible campus culture.

Swami Vivekanand Subharti University is taking a major leap toward becoming a fully eco-friendly campus.

Admissions for the academic session 2026 are officially OPEN at Subharti Law College! If you have a passion for justice.



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Art is not what you see, but what you make others see.

Who said anatomy is just about textbooks and dissection?

Inside the ENT Skill Lab at Subharti Medical College.



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**Ashu Sir explains why "crazy" is just another word for "innovation."**



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**There's no love quite like a mother's love. ♡**



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From the lecture halls to the sports fields, and the labs to the cultural stages—the girls of Subharti aren't just participating; they are leading the way.

**Ever wondered what the future of sustainable packaging looks like?**

In a world that never slows down, finding a moment of true peace can feel impossible.



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# Time To Save Forex

## Why PM's call is important

The ongoing war in West Asia and the blockade of the Strait of Hormuz, a narrow gulf chokepoint through which much of the world's oil flows, has affected economies across the globe, with many countries reeling from an unprecedented energy crisis.

The International Energy Agency (IEA) has described it as the most severe energy supply disruption in history. The world is feeling the heat of crude oil price hike amid Iran war and India is no exception.



Prime Minister Narendra Modi has recently appealed to citizens to reduce fuel consumption, use public transport / e-vehicles, work from home, buy less gold and limit foreign travel to deal with a surge in global energy prices.

PM said, "In the current situation, we must place great emphasis on saving foreign exchange." It's clear from his statement that foreign exchange reserves are crucial for the health of national economy.

Foreign exchange reserves, or forex reserves are financial assets that India's central bank, Reserve Bank of India holds, including foreign currencies, gold, and government securities.

They act as a financial buffer, helping the country pay for imports, manage currency volatility and reassure global investors about India's ability to meet external obligations.



According to the latest RBI data, India has around \$681.38 billion in reserves—among the world's biggest and enough to cover 10 to 11 months of imports. But there are signs of pressure.

India's reserves have fallen 6.5% since the Middle East conflict began, while the rupee has weakened and foreign investors are pulling out. At the same time, oil prices have increased, transport costs have gone up three to four times, and shipping now takes longer, all of which increase India's import bill.

So, while reserves are enough for now, they may not be sufficient if the situation in Hormuz continues for long.

Needless to say, oil, gas, and gold have a direct impact on the country's dollar reserves. Large-scale imports lead to significant outflows of foreign currency because payments are made in dollars.

When crude oil prices rise sharply, the country needs more dollars to pay for imports. Prolonged high oil prices can rapidly increase dollar outflows from the economy. Gold imports, foreign travels, and destination weddings add to this pressure.

This made PM Modi appeal to his countrymen, urging them to adopt more responsible and self-reliant habits amid growing global economic uncertainty.